

SWIM LESSONS

(Group lessons 3-5 students)

2011-2012

Office:

Resident	\$49	Non-res	\$59
SESSION 1 (M,T,F)	Sep 19,20,23,16,27,30 Oct 3,4		
SESSION 2 (M,T,F)	Oct 11,14,17,18,21,24,25,28		
SESSION 3 (T,R)	Nov 1,3,8,10,15,17,22,29		
SESSION 4 (M,W)	Nov 7,9,14,16,21,28,30 Dec 5		
SESSION 5 (M-R)	Dec 6,8,12,13,14,15,19,20		
SESSION 6 (M,W)	Jan 9,11,18,23,25,30 Feb 1,6		
SESSION 7 (T,R)	Jan 10,12,17,19,24,26,31 Feb 2		
SESSION 8 (M,W)	Feb 15,20,22,27,29 Mar 5,7,12		
SESSION 9 (T,R)	Feb 14,16,21,23,28 Mar 1,6,8		
SESSION 10 (M,W)	Mar 19,21 Apr 2,4,11,16,18,23		
SESSION 11 (T,R)	Mar 20,22 Apr 3,5,10,12,17,19		
SESSION 12 (M-R)	Apr 12,30 May 1,2,3,7,8,9		
SESSION 13 (SAT)	Sep 24 Oct 8,15,22,29 Nov 5,12,19		
SESSION 14 (SAT)	Dec 10,17 Jan 7,14,21,28 Feb 4,11		
SESSION 15 (SAT)	Feb 25 Mar 3,10,17,24 Apr 7,14,15		

M-F:10am-6pm

Sat:9am-1pm

Sun:Closed

708-385-3304

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blueislandparks.org

Note* M-MON , T-TUE , W-WED , R-THUR ,

LEVEL 1 Jellyfish	6:00PM-6:35PM <i>or</i>	<i>Beginner Level for kids of 4 years and up. Offers basic personal water safety information to enjoy the water safely.</i>
	7:45PM-8:15PM	
	12:00PM-12:30PM	
LEVEL 2 Seahorse	6:35PM-7:05PM	<i>Learn fundamental aquatic locomotion and safety skills. Students will learn to float with minimal support.</i>
	12:35PM-1:05PM	
LEVEL 3 Goldfish	6:35PM-7:05PM	<i>This program teaches survival float, front crawl, elementary backstroke & scissor kick for treading.</i>
	1:10PM-1:40PM	
LEVEL 4 Flyingfish	7:10PM-7:40 <i>or</i>	<i>This program will continue honing strokes previously introduced to promote endurance for greater distances.</i>
	1:10PM-1:40PM	
LEVEL 5 Seals	7:10PM-7:40 <i>or</i>	<i>This program will continue refining strokes learned with the introduction of back flips.</i>
	1:45PM-2:15PM	
LEVEL 6 Dolphins	7:45PM-8:15PM	<i>This program is designed to improve participants' endurance as well as time laps.</i>
	1:45PM-2:15PM	

PARENT AND CHILD AQUATICS

Age: 9 months to 3 years

Resident	\$49	Non-res	\$59	<i>Parents introduce your child to the water and help</i>
SAT	12:35PM-1:05PM			

him/her develop a positive relationship at an early age. With the aid of games and toys your child will develop a comfort level in and around the water.

Note: Adult does not need to know how to swim.

PRESCHOOL AQUATICS

Resident	\$49	Non-res	\$59
WEEKDAY	6:00PM-6:30PM	This program will teach the most elementary aquatics skills: entry and exit, submerging, buoyancy on front and back.	
SAT	12:35PM-1:05PM		

The primary objective is to promote the developmentally appropriate learning of fundamental water safety and aquatic skills by children 4 to 5 years of age. Courses are taught according to the American Red Cross guidelines.

PRIVATE LESSONS

Resident	\$20	Non-res	\$30
EVENING	FIRST COME FIRST SERVE DURING		
AFTERNOON	SWIM LESSON HOURS. RSVP NOW!!!		

updated:8/19/11